Solution

Being Well, Your Way.



BioCoherence is an innovative wellness technology to balance your bioenergy.

Harmonizer takes BioCoherence beyond assessment and guidance, delivering real-time, multisensory stimulation based on BioCoherence's algorithms and frequencies.

- A custom assessment that adapts to your energy needs
- Thousands of integrated programs
- Harmonically guided non-invasive sessions



Add a Sensor

Increase the precision of your scan with Sensor, our device to read and track your full energy, body and state of mind.





How It Works

Follow three simple steps - Scan, Analyse, Improve - to access thousands of personalized frequencies designed to enhance your well-being and unlock your body's full potential.

Harmonizer is intended for well-being, sensory exploration, and guided BioCoherence experiences.

Get Started Today!

Free download on **biocoherence.net**

Compatible with Smartphones, Tablets and Computers.

- Download the App
- Connect Your Sensor, Harmonizer or Wearable
- Start Your Scan and Personalized Program

Your Contact:

BioCoherence

Harmonizer

real-time multisensory stimulation pattern generator



Quick Start

Ready to balance

> Press the center button for 1 second to **power on.**

> **Connect** large pads directly to the back of the device with the pin buttons.

> Connect the small pads to the USB-C port with the short or long cable.



> Press + to increase **intensity.**

> Press - to decrease intensity.

Adjust intensity to feel the impulses at a comfortable level.

Charge the device with the USB-C cable.
Do not use the device while it is charging.



What is Dual Synergy?

This special mode uses two devices at once, to enjoy a unique real-time experience with exclusive deep synergistic frequencies. Just connect the two devices to the app and choose a Dual Synergy program.



Use with the app

Launch the app, click Harmonizer. Power the device and connect via Bluetooth (add a new device with + at the top of the page). Choose a mode, browse **10,000+ targeted programs** by categories, or type any keyword to find programs. If you have an open exploration, the app will build a custom session for you, based on your priorities.

Pause to reposition / No pause

The app can pause at the end of each individual program so that you can follow the on-screen instructions to position the device on the optimal zone. If you prefer not to pause, choose "no pause" to get a continuous session with one device position.

Synergy / Silent

With Synergy, the app will play the audio frequencies of the Harmonic Boost and show the visual colors associated with the currently active Harmonizer program.

Use without the app

The device comes with 26 pre-activated programs that you can launch without connecting to the app.
Power the device on, then click on the power button to cycle through the listed programs. For instance, click 3 times to get program number 3 "Focus".
Synergy and Dual Synergy are real-time programs that can only be launched from the app.



Ease 1

Tension Release
A deep relaxation program for each part of the body that delivers gentle impulses to unlock areas that need to be freed from blockages. Use it anywhere, starting with gentle stimulations and increasing them to a level to feel the dissolution of local blockages.



Calm 2

Tension release
A gentle relaxation program for each part of the body that delivers targeted impulses to unblock areas. Use it anywhere, start with gentle stimulations and increase them to a level to feel the dissolution of local blockages.



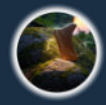
Focus 3

Let energy flow freely
This mode uses localized sensory stimulation patterns to encourage attention and awareness in selected areas of the body. The gentle pulses create a focused and immersive experience that can accompany meditation, relaxation, and mindful exploration.



Mobilization 4

Mobilize your energy, relieve blockages.
Gentle, localized stimulation patterns to encourage movement, awareness, and exploration of selected areas of the body. Its rhythmic sequences create a focused sensory experience that complements meditation and relaxation practices.



Flow 5

Natural flow of energy in muscles
This mode uses flowing sensory patterns to create a smooth and continuous experience throughout the session. The evolving rhythm encourages body awareness, relaxation, and a sense of natural movement.



Relax 6

Boost flow, relax tension.
A gentle tapping-inspired sensory experience designed to create a light and soothing rhythm. This mode encourages relaxation, comfort, and mindful awareness in selected areas of the body.

Unlock 7

Unlock tensions and boost Qi circulation.
A rhythmic sensory experience designed to create a feeling of openness and release. Alternating stimulation patterns encourage body awareness and immersive relaxation.



De-stress 8

Enhances Qi for calm, relaxation, quiet.
A gentle sensory mode designed to support mental quiet. Its flowing rhythm helps create a soothing atmosphere for meditation, mindfulness, and restorative moments.



Movement 9

Fluid movements.
This mode encourages a sense of fluid movement and body awareness through dynamic sensory patterns.

Flexibility 10

Reduces the tension, promotes integration
Helps reduce the tension and integrate through circulation, overall strength, learning and well-being.



Elasticity 11

Increase your elasticity
Elasticity in your energetic fields, body fields, and mental fields is crucial for your adaptability. Life requires constant flexibility: this mode will allow you to soften your fields.



Stretching 12

Openness and gentle expansion
Elasticity and flexibility to help with knots and tightness. Inspired by stretching movements, this mode creates a sensation of openness and gentle expansion throughout the body.

Rhythm 13

Improve your rhythmic capacity
Life is rhythm. At all levels, your living structures breathe. Enhance your rhythmic capacity with this gentle program.



Pressure 14

Attention to selected pressure areas
Helps bring attention to areas of the body under pressure through focused sensory stimulation.



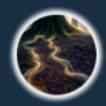
Release 15

Focused Release
A concentrated body-awareness experience in zones such as neck, shoulders, or lower back. Encourages to explore areas of physical tension and bring mindful attention to them.



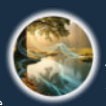
Butterfly 16

Relaxation, comfort, immersive mindfulness
One of the gentlest Harmonizer experiences, delivering soft, flowing sensory patterns synchronized with your BioCoherence session. Designed for relaxation, comfort, and immersive mindfulness, Butterfly creates a subtle sensory layer that complements meditation and breathing exercises.



Mind-body 17

A Unified experience of body and mind
A slow, flowing sensory experience inspired by traditional Hawaiian massage principles, designed to support deep relaxation and a sense of embodied presence through continuous, wave-like stimulation patterns. Enter a calm, immersive state where attention can shift away from external stressors.



Immerse 18

Moments of rest, meditation, or recovery from busy or physically demanding days.
Swedish-inspired, it delivers long, flowing sensory patterns for a deeply relaxing and immersive experience. Supports relaxation, comfort, and body awareness, making it well suited for unwinding after physical or mental activity.



Energy, Body, Mind 19

Restorative moments and recovery.
A dynamic sensory experience inspired by traditional Thai bodywork. It combines rhythmic pressure and stretching-inspired patterns to create an energizing yet calming full-body experience. This mode supports relaxation, mobility awareness, and deep embodied presence.



Reflex 20

Structured sensory reflex experience through pressure patterns.
A gentle, reflexology-inspired sensory experience focused on the feet and hands through varying pressure patterns. It is designed to offer a calming and immersive experience to unwind and shift into a more restful state to promote comfort, presence, and a sense of overall ease.



Continuous 21

Low-frequency vibrations.
This mode delivers continuous low-frequency vibration patterns designed to create a steady and soothing sensory experience. The rhythmic stimulation supports relaxation, body awareness, and a sense of physical ease, making it suitable for meditation, rest, or recovery from daily activity.



Core Rhythm 22

Stimulation patterns for abdominal awareness
A low-intensity sensory stimulation mode designed to create a structured abdominal activation experience through gentle, rhythmic electronic pulses to support body awareness.



Reactivation 23

Feel the light in your muscles!
Designed to provide gentle, rhythmic activation patterns across selected muscle areas. This experience creates a structured sensory input that can be used in guided movement or body awareness sessions, offering a feeling of light engagement and presence in the body.



Recovery 24

Rest and restoration
A gentle sensory experience designed for moments of rest and restoration. Its rhythmic patterns create a calming environment that complements relaxation, meditation, and post-activity unwinding.



Integration 25

Integrated Flow
This Integrated Flow blends different sensory rhythms and stimulation patterns into a seamless experience, offering a dynamic journey through moments of focus, release, and relaxation while maintaining a continuous sense of immersion.



Activation 26

For training, warming up or recovering.
Rhythmic patterns designed to create a noticeable sensation of muscular engagement. A dynamic sensory experience that can be used during mindful movement, or body-awareness practices. Experience alternating phases of activation and release, creating an immersive and focused connection with the selected area of the body.



Synergy 27

Frequency-specific mode with Harmonic Boost
A custom mode driven by Harmonic Boost patterns and synchronized sensory sequences, designed to create a multi-layered immersive experience. Synergy combines sound, rhythm, and sensory feedback to enrich meditation, relaxation, and mindful exploration.